



# Chocolate Flavored Banana Pops

**Net Weight:** 4 ounces (113g)

**Ingredients:**

Vegetable oil (coconut, soybean), sugar, cocoa (processed with alkali), whey (milk), soy lecithin (an emulsifier), salt and vanilla.

## Nutrition Facts

**Serving Size** 3 tsp (14.1g)

**Servings Per Container** 8

**Amount Per Serving**

**Calories** 90 **Calories from Fat** 70

**% Daily Value\*\***

**Total Fat** 8g **12%**

**Saturated Fat** 6g **30%**

**Trans Fat** 0g

**Sodium** 15mg **1%**

**Total Carbohydrate** 6g **2%**

**Sugars** 5g

**Protein** 0g

Not a significant source of trans fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium and iron.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    |           | Calories | 2,000   | 2,500   |
|--------------------|-----------|----------|---------|---------|
| Total Fat          | Less Than |          | 65g     | 80g     |
| Saturated Fat      | Less Than |          | 20g     | 25g     |
| Cholesterol        | Less Than |          | 300mg   | 300mg   |
| Sodium             | Less Than |          | 2,400mg | 2,400mg |
| Total Carbohydrate |           |          | 300g    | 375g    |
| Dietary Fiber      |           |          | 25g     | 30g     |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Date Information Was Last Refreshed: March 30, 2009

Disclaimer: Ingredients, formulas and labeling regulations tend to change over time. This information may vary from product currently in distribution. Please refer to the actual product for the most accurate ingredient and nutritional information.