



Roasted Potato Mix

Net Weight: 1.25 ounces (35g)

Ingredients:

Salt, dehydrated garlic, spices, paprika, soybean oil, maltodextrin (tapioca, corn), dextrose, autolyzed yeast extract, parsley, natural flavor.

Nutrition Facts

Serving Size ½ tsp (1.2g) or ½ a Prepared Potato
Servings Per Container 30

Amount Per Serving	Mix	As Prepared
Calories	0	80
Calories from Fat	0	20
% Daily Value**		
Total Fat 0g*	0%	4%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	0%
Sodium 250mg	10%	11%
Total Carbohydrate 0g	0%	4%
Dietary Fiber 0g	0%	4%
Sugars 0g		
Protein 0g		
Vitamin A	2%	2%
Vitamin C	0%	10%
Calcium	0%	2%
Iron	0%	4%

*Amount in Mix. As Prepared contributes an additional 80 Calories (20 Calories from Fat), 2.5 Total Fat, 10mg Sodium, 13g Total Carbohydrate (1g Dietary Fiber, 1g Sugars), 2g Protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Date Information Was Last Refreshed: March 30, 2009

Disclaimer: Ingredients, formulas and labeling regulations tend to change over time. This information may vary from product currently in distribution. Please refer to the actual product for the most accurate ingredient and nutritional information.